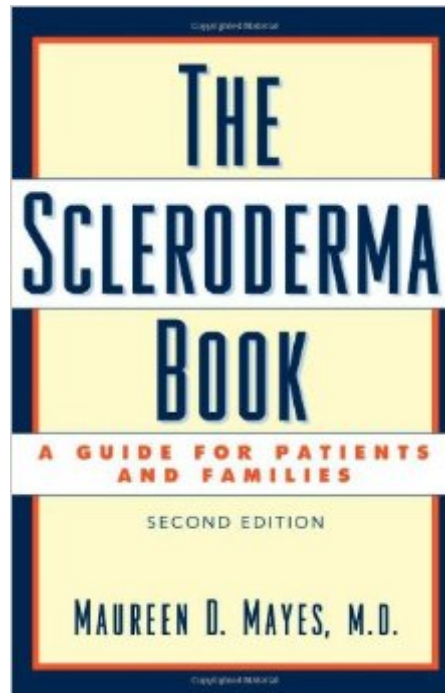


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# The Scleroderma Book: A Guide For Patients And Families



## Synopsis

The Scleroderma Book has long been considered the leading source of information for patients suffering with this disease. Now comes the Second Edition of this highly respected volume, extensively revised by Maureen Mayes, M.D., the leading authority in this field. Writing specifically for patients and their families, Dr. Mayes draws on her extensive experience treating scleroderma to provide up-to-date, practical information that will help patients manage their symptoms and improve their quality of life. Dr. Mayes begins with an easily accessible description of the basic facts, distinguishing between the many manifestations of the disease, ranging from localized scleroderma (small patches of hardened skin, most common in children, which tend to clear up over time) to systemic scleroderma, which can attack the lungs, the kidneys, and the blood vessels, and can be life threatening. Equally important, she offers sympathetic and reassuring advice on matters that often concern patients, such as the best course of action for those who want children, what to do if the disease affects your sex life, and what you can do to help your doctor treat your illness more effectively. The book concludes with a good humored, frank discussion about how to cope, day in and day out, with an uncertain future--how to be a "person living with" scleroderma, not a "victim suffering from" it. The new edition has updated chapters on the genetics of scleroderma and on new treatments for complications of this disease. Touching on virtually every aspect of this disorder, The Scleroderma Book provides a reliable source of information and reassurance for patients of any age and no matter how severe their form of the disease. Endorsed by the leading national advocate group, The Scleroderma Foundation

## Book Information

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## Customer Reviews

I've recently been diagnosed with Limited Systemic Scleroderma. This book opened my eyes to what the future might be for me. It answered a lot of questions I had. Just made me feel as though I have some control over this disease. WONDERFUL!!! For me Knowledge concerning my health is extremely important.

The book was recommended to me and turned out to be as good as promised. An excellent resource for a basic, easy-to-understand-by-a-lay-person description of scleroderma, including its symptoms, variations, possible treatments, what to expect. My daughter was recently diagnosed with the disease and our family is gathering as much as information as possible to know what it is and how deal with it.

This will teach and inform you, in layman's terms, everything you need to know about Scleroderma. I've read everything I could get my hands on about this horrible disease and this book is the best ever. Thank You, Dr. Mayes.

Those suffering from this chronic disease need all the information, guidance and support to be found. This book provides the basics and helps to educate those not afflicted with the disease. Due to the rarity, readers often get sketchy information on sites that are misleading the readers (not afflicted) with information that may not be applicable to the people that are diagnosed with specific circumstances.

This is a good introduction to Scleroderma by a leading expert in the disease. It is simple and straightforward and generally accurate. It is particularly good as an introduction for new patients and their family.

Reading other reviews I was confused as to what to expect. Yes, you can google everything and a lot will come up. Remember however that when this book was originally written, it was when hardly any info was available. Dr. Mayes literally wrote the book on Scleroderma when no one else did. She has it all in one place for you. The internet sometimes especially for newly diagnosed can be very scary. I remember just googling and thinking I was dying in less than 10 years. I recommend

this book and cannot wait for Dr. Mayes to update it again.

Dr. Mayes clarifies many things about scleroderma. The book is extremely well organized, kept patient and family friendly and explains every term and process one might not be very familiar with. I have appreciated the book immensely and recommend it to anyone with or interested in this disease. I wish Dr. Mayes would write an update.

THIS BOOK HAS GIVEN ME INFORMATION THAT EVEN MY DOCTOR HAD NOT MENTIONED OR QUESTIONED ME ABOUT. I WOULD SUGGEST TO ANY ONE WHO HAS BEEN DIAGNOSED OR THEIR FAMILY MEMBER FOR MUCH NEEDED INFORMATION.

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